

Race for the STARS 5K & Fun Walk

April 5, 2008, @ 9 AM
Sykesville, MD



Sponsored by:

Maryland STARS Girls Fastpitch Club & Westminster Road Runners Club

- Date:** Saturday, April 5, 2008
Time: Race starts at 9:00 a.m. Pre-race Registration starts at 7:30 AM
Location & Course: Race starts and finishes at Century High-School Parking Lot
355 Ronsdale Road, Sykesville, MD 21784
Residential neighborhood roads, moderate difficulty
Entry Fee: Mail in is **\$20.00**, Registration prior to March 21st guarantees T- shirt
Day of Race - **\$25.00**, T- shirt sizes and availability are not guaranteed
Make checks payable to: Maryland STARS
Pledges: Maryland STARS Players are encouraged to obtain pledges.
Obtain pledge form from coach.
Amenities : Abundant Parking, Water station at midway point
Split times (1st & 2nd mile)
Post-race Refreshments - Gatorade, water, bagels and fruit
Awards: Top 3 overall-Men and Women, First place STARS player
Top 3 in - 15 and under, 16-19, 20-29, 30-39, 40-49, 50-59. and 60⁺
men and women (No duplicate awards)
Additional Info: Mark Sobota: msobotal@verizon.net or 410-833-0346
or visit the Maryland Stars Web site: www.marylandstars.org

Race for the STARS 5K/Walk Entry Form (please print clearly)

Complete form and return with check made payable to: Maryland STARS (*non-refundable*)
Mail in Registration Fee: \$20 (prior to March 21st guarantees shirt) – Add \$2.00 for XXL Shirt
Mail to: Patty Lang, 3413 Farmstead Drive, Westminster, MD 21157

5K Race **Fun Walk** **MD Stars Player** **Age (on race day):** _____
Male **Female** **T-shirt sizes (Adult): Sm. Med. Lg. XL XXL**

Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Email: _____ **Phone:** _____

MUST SIGN WAIVER: I know that running a road race is a potentially hazardous activity which could cause injury or death. I should not enter the run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running this event, including but not limited to: falls, contact with other participants, effects of weather, traffic and conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, strollers, roller skates or blades, animals, and headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of my entry fee, I, for myself and anybody entitled to act on my behalf, waive and release the Westminster Road Runners Club, Maryland STARS, Carroll County Schools, Carroll County Government, and all sponsors, their representatives, and successors from all claims or liability of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

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Signature of Applicant

Date

Parent's Signature (if under 18)

THANK YOU FOR SUPPORTING OUR GIRLS !